

Week of  
April 21, 2025

Henry Head Start  
(616)774-8822

Room 5  
Word of the Week

**Friendship**



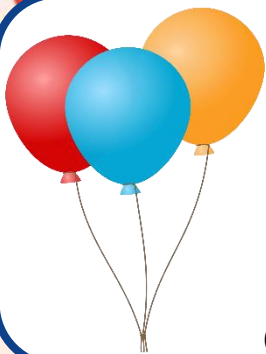
Calendar of Events

Family Engagement  
Event

**Carnival**  
**Thursday, April 24th**  
**5-6p at Henry**  
**551 Henry Ave SE**

**Prizes**      **Food**      **Games**  
❖ Sliders  
❖ Chips  
❖ Popsicles

Reminders



Enroll Now for 2025/2026  
<https://hs4kc.org/apply/>

For more information  
Email: [enroll@hs4kc.org](mailto:enroll@hs4kc.org)

Call: 616-453-4145 x 4010



<https://www.facebook.com/pg/hs4kc/events>  
[www.hs4kc.org](http://www.hs4kc.org)

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

 **Head Start  
for Kent County**  
Connecting Families and Community Resources

 **Readiness Program**  
Michigan's Nationally Recognized Pre-K Program

## **First Aid: Cuts and Scrapes**

Many children get cuts and scrapes once in a while. These wounds are usually minor and easily looked after. Large or deep wounds may need medical care.

### **What to Do**

- Wash your hands so they are clean before you help your child.
- If possible, clean the wound by running it under cool water.
- Stop any bleeding by firmly pressing a clean towel or cloth over the wound.
- When the bleeding has stopped, put a bandage on the cut or scrape. Keep a bandage on until the wound has formed a scab; if the bandage becomes dirty, remove it and put a clean bandage on.
- If you don't have a bandage available, keep the cut or scrape clean and dry, especially until it forms a scab.

Take your child for medical treatment if you cannot stop the bleeding, if you think there may be a more serious injury, or if you see signs of infection while the wound is healing.

## **Head Start is Turning 60 This Year!!**

Head Start is turning 60, and we are celebrating YOU – the heart of our success! Wish Head Start a Happy Birthday by scanning this QR Code and signing Head Start's birthday card and share your memories of how Head Start has impacted your life!

<https://birthday.nhsa.org/birthday-sign-form/?code=REF689267bc951aaf570>



## The Magic of Music for Infants and Toddlers

Singing with your young child can improve their focus, communication, emotional regulation, social, cognitive, and physical skills. It can also help you feel calmer and more connected to your infant.

**Word Swap:** If you aren't sure what to sing to your baby, try using a song you and your baby already enjoy, and change the words to adapt to different situations. Like singing, "Ba ba bottle, it's time to eat" to the tune of "Baa Baa Black Sheep."

**Bounce to the Beat:** When singing or listening to music together, bounce your baby in your lap or pat them to the rhythm of the music. This helps young infants become familiar with musical rhythms before they are able to move their bodies independently.

**Follow the Leader:** When singing your young child's favorite song, pause, wait, and look for them to fill in the next word or movement. These back-and-forth interactions support social connections, language, memory, and sequencing skills.

**Hear Me Out:** Learn songs that include feelings and emotion words along with matching facial expressions and body language. Combining singing with language and emotional expression helps young children understand their own emotions as well as the emotions of others. Even if they're not talking about feelings yet, singing is a great way to calm them when upset.

[The Magic of Music for Infants and Toddlers | HeadStart.gov](https://www.headstart.gov/magic-music-infants-toddlers)