

NEWS YOU CAN USE

**Week of
February 17, 2025**

**Kentwood Head Start
616-735-5345**

Dear Parents or Guardians:

The **peak of the cold and flu season** is upon us. To prevent widespread flu in the school, we recommend that your child stay home from school if experiencing flu or cold symptoms. To decide whether to send your child to school, please consider the following guidelines:

Consider keeping your child at home for an extra day of rest and observation if he or she has any of the following symptoms:

- Very stuffy or runny nose and/or cough
- Mild sore throat (no fever, no known exposure to strep)
 - Headache
 - Stomachache

Please Keep your child at home for treatment and observation if he or she has any of these symptoms:

- Fever (greater than 100 degrees and your child may return to school only after his or her temperature has been consistently below 100 degrees, by mouth, for a minimum of 24 hours)
 - Vomiting (even once)
 - Diarrhea
 - Chills
- General malaise or feelings of fatigue, discomfort, weakness or muscle aches
- Frequent congested (wet) or croupy cough

Calendar of Events

NO SCHOOL

Monday February 17

(Presidents Day Holiday)

We hope you can join us for:
Transition Event
Wednesday February 26th
@ 5:00pm

Thank you to all the families who have already participated in Parent Teacher Conferences. This is a valuable time to develop learning goals specific to your child's development. The teachers look forward to meeting with those families who have upcoming scheduled conferences.

<https://www.facebook.com/pg/hs4kc/events>
www.hs4kc.org

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

 **Head Start
for Kent County**
Connecting Families and Community Resources

 **Readiness Program**
Michigan's Nationally Recognized Pre-K Program

Vaccines for Young Children

Vaccines help prevent disease. Babies born in the United States may have their first vaccines right after birth. Future vaccines are given at well child check-ups with your child's doctor or at a local health department. Vaccines are needed for Women, Infants and Children (WIC) visits or when children enroll in school.

Vaccines are also called immunizations. They are often given as injections with a needle, also called shots. Vaccines are either given as a single dose or as many doses given over time. The full number of doses for each vaccine must be given for the vaccine to protect your child from the disease.

If your child misses a shot, you don't need to start over. Just go back to your child's doctor for the next shot. Children with certain medical problems or who travel outside of the United States may need more vaccines.

You will get more information about each vaccine when it is being given to your child. Talk with your child's doctor if you have questions.

Help Your Child Succeed in Preschool and Kindergarten

Build the Habit of Good Attendance

DID YOU KNOW...

Showing up on time every day is important to your child's success and learning from preschool forward.

WHAT YOU CAN DO

Share ideas with other parents for getting to school on time.

Visit Attendance Works at www.attendanceworks.org for free downloadable resources and tools!

SUCCESS BASICS

Five fun, easy, and powerful ways to help your child grow smarter. Cinco maneras divertidas, fáciles y poderosas para ayudar a su hijo(a) a crecer más inteligente.

KENT COUNTY
success
starts
early
SUCCESS BASICS




LOVE
MAXIMIZE LOVE
MANAGE STRESS


AMA
DALE TODO EL AMOR,
CONTROLA EL ESTRÉS

Babies and toddlers thrive when their world feels loving, safe, and predictable. Respond with smiles, words, and touch to help them see, hear, and feel your love. You will help them develop a sense of security and self control. Los bebés y los niños prosperan cuando su mundo se siente amante, seguro y predecible. Responda con sonrisas, palabras y toques para ayudarles a ver, oír y sentir su amor. Usted les ayudará a desarrollar un sentido de seguridad y auto control.


TALK
SING AND POINT


HABLA
CÁNTALE Y SEÑALA
LAS COSAS

Babies learn language from the moment they are born. Respond to their sounds, and later, their words. Connect through eye contact and a loving tone of voice, while pointing to help them know what you are talking about. Los bebés aprenden el lenguaje desde el momento en que nacen. Responda a sus sonidos, y más adelante a sus palabras. Conéctese a través del contacto visual y un tono de voz amante, mientras señala para ayudarles a entender de qué les está hablando.


COUNT
GROUP AND COMPARE


CUENTA
AGRUPA Y COMPARA
LAS COSAS

Every child's brain is wired for math. Talk about numbers, shapes, patterns, and comparisons as you go about your routines together. Watch your child learn to love math. El cerebro de cada niño(a) está conectado para las matemáticas. Hable acerca de números, formas, patrones y comparaciones mientras realizan sus rutinas juntos. Observe a su hijo(a) aprender a amar las matemáticas.


PLAY
EXPLORE THROUGH
MOVEMENT AND PLAY


JUEGA
EXPLORAN MEDIANTE EL
MOVIMIENTO Y EL JUEGO

Babies are like scientists who love making discoveries. Watch to see what interests your child, then encourage their curiosity and help them learn when they play and explore. Los bebés son como científicos que aman hacer descubrimientos. Observe para ver qué le interesa a su hijo(a), y entonces incentive su curiosidad y ayúdeles a aprender mientras juegan y exploran.


READ
AND DISCUSS STORIES


LEE
Y COMENTEN
CUENTOS

Reading turns kids into confident thinkers. Make books a regular part of your relationship from the very beginning. With infants, point at the pictures and speak with excitement. With toddlers, just make it fun. La lectura convierte a sus hijos en pensadores confiados. Haga de los libros una parte regular de su relación desde el mismo comienzo. Cuando sean bebés, señale a las figuras y hable con entusiasmo. Cuando sean niños pequeños, simplemente hágalo divertido.

WATCH THE VIDEOS AT / MIRA LOS VIDEOS EN:

[successtartsearly.org](https://www.successtartsearly.org)



Join the Kent County Success Basics Facebook Group



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