

# NEWS YOU CAN USE

Week of  
December 9, 2024

Alger Head Start  
616-735-5318

## Site Happenings

Winter Break  
Dec. 23, 2024  
Jan 3, 2025  
Return January 6, 2025

ALGER Head Start

Winter Showcase

Family Event  
Thursday  
Dec. 19th at  
1:30-2:30pm

In the event of a snowstorm resulting in a snow day please check your local news stations for Head Start for Kent County. Ms. Casey will also send out Kayambu announcements as well. If you are not on Kayambu yet and need assistance, please contact the office at 616-735-5318."



With winter weather here, we want to remind our families of a few things. If you need any winter gear, please let your child's teacher or the Family Advocate know, and we can connect you with some resources

<https://www.facebook.com/pg/hs4kc/events>  
[www.hs4kc.org](http://www.hs4kc.org)

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

 **Head Start  
for Kent County**  
Connecting Families and Community Resources

 **Readiness Program**  
Michigan's Nationally Recognized Pre-K Program  
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## **Dental Emergencies: What Parents Need to Know**

### **Common Dental Emergencies and How to Deal with Them.**

#### **Q: What do I do if my child knocks out a tooth?**

For a knocked-out tooth, the best thing to do is find the tooth and keep it wet at all times by placing it in milk or water. Then, get to your dentist office right away.

#### **Q: What if my child cracks a tooth?**

For a cracked tooth, immediately rinse the mouth with warm water to clean the area. You may put cold compresses on the face to keep any swelling down. See your child's dentist as soon as possible.

#### **Q: If my child bites his tongue or lip, how do I treat it?**

If your child bites his tongue or lip, clean the area gently with water and apply a cold compress. See your child's dentist or doctor as soon as possible.

#### **Q: How do I treat my child's toothache?**

For toothaches, rinse the mouth with warm water to clean it out. Gently use dental floss to remove any food caught between the teeth. Do not put aspirin on your child's aching tooth or gums because it may burn the gum tissue. Contact your child's dentist as soon as possible.

#### **Q: How can my child avoid a dental emergency?**

Here are some simple precautions to take to avoid accident and injury to the teeth:

- Have your child wear a helmet when riding a bicycle.
- Supervise young children and do not let them run around with objects in their mouth (objects like a toothbrush, pencil, toys, etc).
- Have your child visit the dentist every 6 months to make sure your child's teeth are healthy and strong.





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## Help Your Child Succeed in Preschool and Kindergarten Build the Habit of Good Attendance

### DID YOU KNOW...

Showing up on time every day is important to your child's success and learning from preschool forward.

Missing 10% of school (1 or 2 days every few weeks) can make it harder to:

- Gain early reading and math skills.
- Build relationships.
- Develop good attendance habits.

High quality preschool and kindergarten has many benefits!

- The routines your child develops will continue throughout school.
- Make the most of early grades by encouraging your child to attend every day.

### WHAT YOU CAN DO

Work with your child and his/her teacher to develop your child's strong attendance.

Talk about it – sing about it – make it an adventure!

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Share ideas with other parents for getting to school on time.

Before the school year starts

- Find out what day school starts and begin a countdown!
- Keep your child healthy and make sure your child has the required shots.
- Attend orientation with your child to meet teachers and classmates and find out about health and safety procedures.

Ready, Set, GO!

- If you are concerned your child may have Covid-19, call your school for advice. Ask for resources to continue learning at home if needed.
- Ask family members or neighbors for assistance if you need help.
- Try to schedule non-Covid-19 medical appointments and extended trips when school is not in session.
- If your child seems anxious about preschool or kindergarten, talk to the program director, teacher, your doctor or other parents for advice.

