

# NEWS YOU CAN USE

Week of  
November 25, 2024

Henry Head Start  
(616)774-8822

## Site Happenings

On your mark, get ready.....  
**SNOW!!!!!! Tuesday, Dec 17<sup>th</sup>**  
**"WINTER CONCERT"**

Come watch your child sing  
about the wonders of winter.

**Snacks will be provided**  
**Sled bag full of goodies for**  
**each enrolled child**



## Calendar of Events

**Thanksgiving break- Nov 28<sup>th</sup>**  
**Winter Break – Dec 23rd –**  
**31<sup>st</sup>.**

**New Years's Day – Jan 1<sup>st</sup>**  
**Martin L. King Day – Jan 20<sup>th</sup>**  
**President's Day – Feb 17<sup>th</sup>**  
**Midwinter Break – Mar 17<sup>th</sup>**  
**All Head Start Schools will**  
**be closed on the dates listed**  
**above**

## Reminders

Raising children is a challenge. That does not even include the other day to day challenges we all encounter outside of our families. **So, taking a moment to breath and take a walk or read a favorite book or just sit quietly for a while can help to rejuvenate you so your ready for that next challenge.** Taking these moment for yourself is necessary so you can be ready to help your little one when they are facing a challenge.

<https://www.facebook.com/pg/hs4kc/events>  
[www.hs4kc.org](http://www.hs4kc.org)

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

 **Head Start**  
**for Kent County**  
Connecting Families and Community Resources

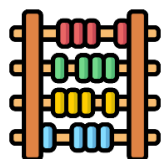
 **Readiness Program**  
Michigan's Nationally Recognized Pre-K Program

## **Learning Experiences: Creative Arts** **Learning Experiences | ECLKC**



Children learn by doing. Whether playing in or outdoors, expressing creativity through art and music, or investigating a problem, children's hands-on learning experiences set the stage for new discoveries.

The creative arts help children use their imagination to learn about the world around them. Activities that involve art, dramatic play, dance, and music help children learn across every developmental domain. These activities also foster self-esteem and confidence as children learn to express themselves and their ideas. In these resources, learn how to build the creative arts into your learning environment and how doing so will support children's development and learning.



## **Learning Experiences: Math and Science** **Learning Experiences | ECLKC**

Children learn by doing. Whether playing in or outdoors, expressing creativity through art and music, or investigating a problem, children's hands-on learning experiences set the stage for new discoveries.

Math and science learning happens naturally every day, as children explore, play, and try new things. When young children have the opportunity to investigate the world around them, they learn and experiment with new ideas, putting math and science skills into practice. Children observe, are curious, and investigate to find out more about their world. They gather information as they solve problems and use it to further their understanding of new concepts. Explore these resources to find ideas about how to encourage math and science learning in early childhood settings.

# Help Your Child Succeed in Preschool and Kindergarten

## Build the Habit of Good Attendance

### DID YOU KNOW...

Showing up on time every day is important to your child's success and learning from preschool forward.

### WHAT YOU CAN DO

If you are concerned your child may have Covid-19, call your school for advice. Ask for resources to continue learning at home if needed.

Visit Attendance Works at [www.attendanceworks.org](http://www.attendanceworks.org) for free downloadable resources and tools!

## 4 Ways to Encourage Your Child (and You) To Be Physically Active

1. **Find a fun activity.** Help your child find an activity that she enjoys. The more she enjoys the activity, the more likely she will continue it. Get the entire family involved. It is a great way to spend time together.
2. **Be a Role Model.** Children who regularly see their parents enjoying sports and physical activity are more likely to do so themselves.
3. **Play with your child.** Toss a ball, see who can do the most jumping jacks, have a dance-off!
4. **Turn off the TV.** Limit TV watching and computer use. The American Academy of Pediatrics recommends no more than 1 to 2 hours of total screen time, including TV, videos, computers, and video games, each day. Use the free time for more physical activities.

# STRENGTHS AND OPPORTUNITIES

*Fall 24-25*

This data includes targeted items for children 0-5 years old.

## STRENGTHS

3.64

PHYSICAL DEVELOPMENT AND HEALTH

Fine-motor skills

3.54

SOCIAL AND EMOTIONAL  
DEVELOPMENT

Building Relationships with  
other children

3.47

PHYSICAL DEVELOPMENT AND HEALTH

Gross-motor skills

## OPPORTUNITIES

2.24

LANGUAGE, LITERACY, AND  
COMMUNICATION

Phonological Awareness

2.55

SOCIAL AND EMOTIONAL  
DEVELOPMENT

Emotions

2.58

MATHEMATICS

Patterns