# **NEWS YOU CAN USE**

Week of September 9, 2024 Henry Head Start (616) 774-8822

### Site Happenings

Yeahhhhhh!! Week four is here. The adventure continues. As we navigate morning drop-offs and afternoon pick-ups, changing bus routes and morning or mid-day doctor appointments, sticky faces and fingers from snack or skinned knees on the playground, Patience and Safety is most important.

#### Calendar of Events

Family Engagement Event
"A Day Of Play" on Sept.
26th 5p-6p w/ Grand Rapids
Children's Museum.
Get ready for a day of
outside activities and
plenty of fun to be held at:
Henry Head Start
551 Henry Ave

#### Reminders

It is important to teach your child to wash their hands at a young age. After using the restroom, playing outside, coughing, blowing their nose, brushing their teeth. This helps prevent the spread of germs and illnesses.









**Head Start** 



Your child should stay home from school if:

- They have a fever of 100.4°F or higher
- They have diarrhea
- They are vomiting
- They are sick and too tired or weak to play
- They didn't sleep well that night due to coughing or not feeling well



## Head Start for Kent County Nutrition Department Highlight

- We provide breakfast, lunch, and snack to all I/T and HS children (Monday thru Thursday)
- Our menu is based on a five-week cycle and follows the CACFP Meal Pattern
- We create all recipes in house and have a licensed commercial kitchen at our Central Office where all meals produced.
- Deliveries are made to sites twice a day from Central Office in order to ensure food quality and safety.
- All food service staff are trained annually on food safety (ServSafe), four food service staff at Central Office are ServSafe Allergen trained, and the Food Service Supervisor is a certified ServSafe Food Protection Manager.
- Monthly we provide food experiences where the children explore new foods. They participate in the prep and servicing of the foods to explore the texture, shape, smell, and taste.
- We provide snack for EHS Socialization and inhome food experiences.