

**Week of
September 16, 2024**

**Comstock Park
(616)493-0744**

Children feel confident and secure when their daily activities are predictable and familiar. A consistent daily schedule and step-by-step routines give children a predictable day. Schedules and routines help children:

- Feel in control of their environment
- Feel safe, secure, and comfortable
- Know what is happening and what comes next

When a child's schedule is changed, even by 15 minutes, it can throw their whole day out of whack, causing them to feel anxious or unsure of what will come next. This is why it is important to have your child to school, on time, each and every day.



September 23
Infant Toddler Room Opens

September 25
Cup Stacking Challenge

To avoid exclusion, please make sure we have your child's physical by the due date you were given

VERY IMPORTANT

It is important to teach your child to wash their hands at a young age. After using the restroom, blowing their nose, or brushing their teeth. This helps prevent the spread of germs and illnesses.



<https://www.facebook.com/pg/hs4kc/events>
www.hs4kc.org

 **Head Start
for Kent County**
Connecting Families and Community Resources

These materials were funded in whole or in part under a grant awarded by the Michigan Department of Education.

 **C-Start
Readiness Program**
Michigan's Nationally Recognized Pre-K Program



Providing Positive Feedback and Encouragement

Verbal Encouragement

- ▶ "You are working so hard on..."
- ▶ "You must feel proud of yourself for..."
- ▶ "Thank you for helping me..."
- ▶ "What a great listener you are, you..."
- ▶ "Great job remembering to..."
- ▶ "That's a cool way to..."
- ▶ "Way to go! You ____ all by yourself!"
- ▶ "You almost have it! You can..."



Nonverbal encouragement also works! Try...

- ▶ Giving a hug
- ▶ A thumbs up or wink
- ▶ Clapping
- ▶ Using a special hand shake
- ▶ Smiling

5 Fun Fall Activities

1. Go for a walk and talk about the colors you see on the trees.
2. Rake a big pile of leaves and jump in them.
3. Find a leaf to use as a paintbrush and paint a picture.
4. Find a leaf, place it under a piece of paper then color on the paper. The leaf will imprint on your paper to make a picture.
5. Collect leaves, twigs, moss, etc and glue them to a piece of paper to make an art collage.

KENT COUNTY HEALTH DEPARTMENT

Home Health Screenings

Provided by the **Ready By 5** Program

**The #1 cause of lead poisoning is dust from lead paint.
If your house was built before 1978, you may have lead paint hazards.**

Does Your Home Need A Home Health Screening (HHS)?

Lead hazards in a home put children and pregnant people at a higher risk for lead poisoning. **If your home was built before 1978, or you have concerns about potential environmental hazards in your home, your first step is to get a FREE Home Health Screening.**

1

What is A Home Health Screening (HHS)?

Screenings are free and take less than an hour!

- A qualified KCHD Lead Sanitarian will come to your home and visually assess household hazards.
- Valuable education and any available resources will be provided at the HHS.
- If lead hazards are suspected, an additional investigation and testing could be offered.

2

How Do You Qualify?

To qualify for this FREE service you must:

- Be a current resident of Kent County.
- Be pregnant or live in a household with someone who is pregnant or,
- Have a child who is 5 years old or younger living in, or being cared for regularly, in the home.

3

Schedule A Home Health Screening Today!

Contact the Kent County Health Department:

 (616) 632-6900

 ehleadprogram@kentcountymi.gov

4

Examples of Lead Paint Hazards In and Around the Home



Chipping Paint



Heavy Use Areas



Dust



Open Soil Areas

