

NEWS YOU CAN USE

Week of
March 25, 2024

Sylvan Head Start
(616) 241-0250

Site Happenings

We send a lot of information to parents via Kaymbu, email, phone call and/or text message. Please be checking these **EVERY MORNING** for any unscheduled closings or important information that is being sent out. Examples of information being sent out include newsletters, Family Night flyers, school being closed and other important items that we need to send out. This is extremely important because we do not follow the same schedule as the local school districts so our breaks will look a bit different.

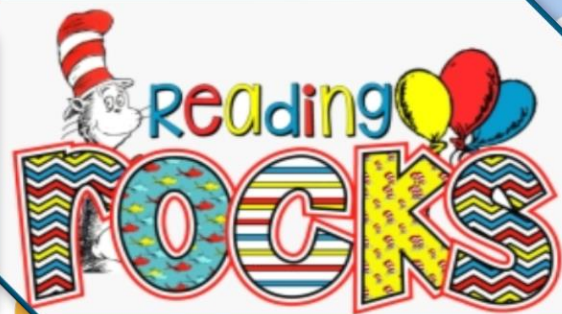
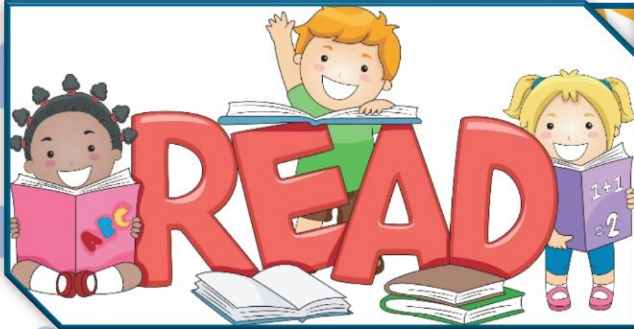
Calendar of Events



Spring
Break

March 29 - April 7th

Reading at least 20 minutes a day to your child closes the achievement gap by 25%. March is Reading Month.



<https://www.facebook.com/pg/hs4kc/events>
www.hs4kc.org

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

 **Head Start**
for Kent County

 **Great Start**
Readiness Program
Michigan's Nationally Recognized Pre-K Program

**“Book” your ticket to
the Spring Break...**

STAYCATION

...at Kent District Library

Kent
District
Library



Mad Science Presents Fire and Ice

From a shivering spatula to a special bubbly shower, be thrilled and chilled with amazing dry ice experiments in a spectacular show.

KDL Lab Experience: Total Eclipse of the Sun

In anticipation of the total Solar Eclipse on April 8, join us for STEAM-based activities exploring shadows, animal behavior and all things eclipses.

Maciek the Magician

Brace yourself for a truly amazing and hilarious magic show. This fantastic presentation will captivate you and have you cheering for more.

Hula Hoop Dancing

Enjoy a fun, beginner-level hoop dancing class! Be enthralled by performances from a professional hula hoop dancer and learn a few hoop dancing tricks of your own. Hula hoops are provided.

And much more!!

***Best for ages 5 to 10**

**Hosted at various KDL
Locations**

Week of March 30 - April 6



kdl.org/events/springbreak

March is Reading Month!

10 Tips to Keep Reading Fun

1. **Keep the Topics Interesting:** Let your child pick out the books they want to read.
2. **Read Aloud:** Listening to books read aloud helps children learn about fluency and expression.
3. **Set a Good Example:** Read for pleasure, talk to your children about how much you love to read, make it fun.
4. **Make a Special Spot for Reading:** Let infants and toddlers have access to their books, keeping them on a low shelf or in a basket that is accessible.
5. **Visit your Local Library:** Nothing beats a trip to the library! Many offer fun, interesting, and free events.
6. **Have a Read-In:** Leave on your pajamas, build a blanket fort, and snuggle up with a good book.
7. **Be Flexible:** Help your child find time to fit reading in that works well for your family. Avoid having hard and fast rules out reading as this is a time that should be fun and not a punishment.
8. **Reward Wisely:** Kids are smart, and they are paying attention, and the message we want to give them is that reading is its own reward.
9. **Reading is Reading:** Let your child select their own reading material, it's okay if that includes magazines or comic books!
10. **Books are Special Too:** Emphasize the special nature of books, let children know that books they receive as gifts are theirs and theirs alone.

Parent Engagement

Help Your Child Succeed in Preschool and Kindergarten

Build the Habit of Good Attendance

DID YOU KNOW...

Missing 10% of school (1 or 2 days every few weeks) can make it harder to develop good attendance habits.

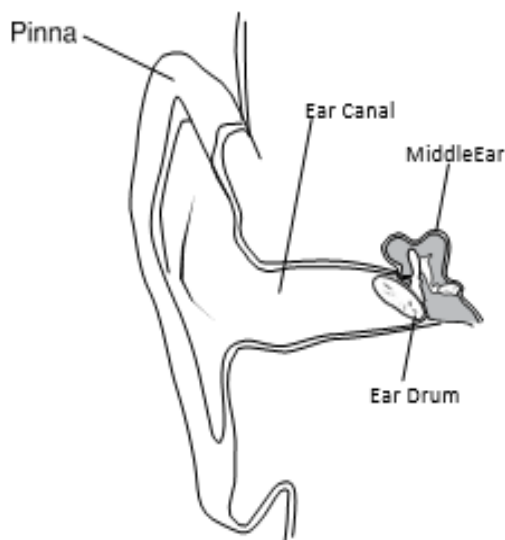
WHAT YOU CAN DO

If your child seems anxious about preschool or kindergarten, talk to the program director, teacher, your doctor or other parents for advice.

Visit Attendance Works at www.attendanceworks.org for free downloadable resources and tools!

Middle Ear Infection in Children

Middle ear infection, also called otitis media, can be painful for children. This infection is caused when the fluid draining from your child's ear gets blocked. This may happen when your child has a cold, allergy, or the flu. The fluid build-up lets bacteria grow and puts pressure on your child's eardrum.



Signs of a Middle Ear Infection

- Waking up at night crying
- Rubbing or pulling of the ear
- Trouble hearing
- Not wanting to breastfeed, suck a bottle or eat because it hurts
- Fever over 101 degrees F under the arm
- Vomiting
- Diarrhea

Older children may complain of:

- Pain in the ear or jaw
- Ringing in the ear
- Feeling of motion or fullness in the ear
- Trouble hearing
- Dizziness

Your Child's Care

Ear infections sometimes go away on their own, but it is best to see your child's doctor if signs last more than two days.

- Your doctor will look at your child's ears and ask about his or her signs.
- Antibiotic medicine may be ordered. Be sure to give **all** of the medicine, even if your child feels well.
- Your doctor may also suggest over the counter pain medicine, such as acetaminophen or ibuprofen to help with fever and pain.

Here are some ways to prevent an ear infection

- Hold your baby upright when feeding. Never prop up the bottle.
- Keep your children away from people who are smoking.
- Teach your children to wash their hands often and not to touch their eyes or runny nose.

Talk to your child's doctor or nurse if you have any questions or concerns.

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