

NEWS YOU CAN USE

Week of
March 25, 2024

North Kent
(616)696-3990

What's Happening?

Join us for Mad Scientist Night here at Comstock Park Head Start, on Wednesday, April 23rd. Will there be an eruption? Will there be an explosion? What happens when we mix two or three ingredients together? Come inside and conduct some experiments with us. There will be some super awesome Science giveaways as well.



Calendar of Events

April 1st -5th
Spring Break



April 8th
Students Return

April 23rd
Mad Scientist Night



Spring Break Ideas

Are you staying local for Spring Break? Take a look at the various things happening around Grand Rapids during the week of Spring Break! Most of these you can show your Bridge/WIC card for free or reduced admission. Go and see all the animals at John Ball Zoo – they have some new animals that will be out on exhibit. The Grand Rapids Children's Museum is a great place to explore and play. Visit the butterflies and explore the Children's Garden at Frederik Meijer Gardens. Turn to pages 2 and 3 for the Kent District Library's Staycation events!

Visit <https://grkids.com/grand-rapids-spring-break-fun-guide/> for more activities and things to do!

<https://www.facebook.com/pg/hs4kc/events>
www.hs4kc.org

These materials were developed under a grant awarded by the Michigan Department of Lifelong Education, Advancement, and Potential."

Kent District Library Events Near Me



Spencer Township Branch

Open today until 5:00 pm

14960 Meddler Ave.
Gowen, Michigan 49326



Find out what's
happening at
libraries near you



www.kdl.org/events



Nelson Township Branch

Open today until 8:00 pm

88 Eighth St.
Sand Lake, Michigan 49343



Tyrone Township Branch

Open today until 5:00 pm

43 S. Main St.
Kent City, Michigan 49330



Krause Memorial (Rockford) Branch

Open today until 8:00 pm

140 E. Bridge St.
Rockford, Michigan 49341



**"Book" your ticket to
the Spring Break...**

STAYCATION

...at Kent District Library

Kent
District
Library



Mad Science Presents Fire and Ice

From a shivering spatula to a special bubbly shower, be thrilled and chilled with amazing dry ice experiments in a spectacular show.

KDL Lab Experience: Total Eclipse of the Sun

In anticipation of the total Solar Eclipse on April 8, join us for STEAM-based activities exploring shadows, animal behavior and all things eclipses.

Maciek the Magician

Brace yourself for a truly amazing and hilarious magic show. This fantastic presentation will captivate you and have you cheering for more.

Hula Hoop Dancing

Enjoy a fun, beginner-level hoop dancing class! Be enthralled by performances from a professional hula hoop dancer and learn a few hoop dancing tricks of your own. Hula hoops are provided.

And much more!!

***Best for ages 5 to 10**

**Hosted at various KDL
Locations
Week of March 30 - April 6**



kdl.org/events/springbreak

March is Reading Month!

10 Tips to Keep Reading Fun

1. **Keep the Topics Interesting:** Let your child pick out the books they want to read.
2. **Read Aloud:** Listening to books read aloud helps children learn about fluency and expression.
3. **Set a Good Example:** Read for pleasure, talk to your children about how much you love to read, make it fun.
4. **Make a Special Spot for Reading:** Let infants and toddlers have access to their books, keeping them on a low shelf or in a basket that is accessible.
5. **Visit your Local Library:** Nothing beats a trip to the library! Many offer fun, interesting, and free events.
6. **Have a Read-In:** Leave on your pajamas, build a blanket fort, and snuggle up with a good book.
7. **Be Flexible:** Help your child find time to fit reading in that works well for your family. Avoid having hard and fast rules out reading as this is a time that should be fun and not a punishment.
8. **Reward Wisely:** Kids are smart, and they are paying attention, and the message we want to give them is that reading is its own reward.
9. **Reading is Reading:** Let your child select their own reading material, it's okay if that includes magazines or comic books!
10. **Books are Special Too:** Emphasize the special nature of books, let children know that books they receive as gifts are theirs and theirs alone.

Parent Engagement

Help Your Child Succeed in Preschool and Kindergarten

Build the Habit of Good Attendance

DID YOU KNOW...

Missing 10% of school (1 or 2 days every few weeks) can make it harder to develop good attendance habits.

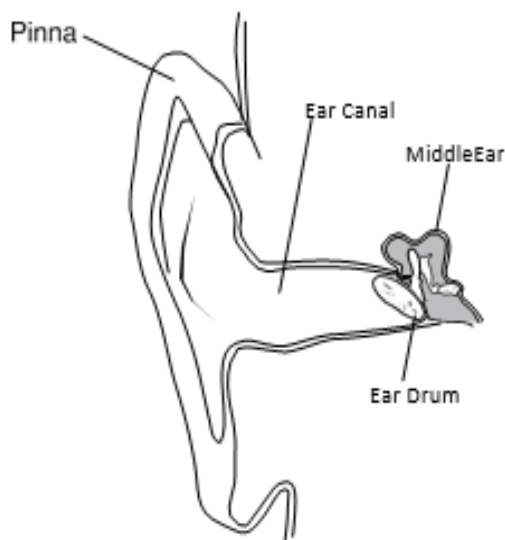
WHAT YOU CAN DO

If your child seems anxious about preschool or kindergarten, talk to the program director, teacher, your doctor or other parents for advice.

Visit Attendance Works at www.attendanceworks.org for free downloadable resources and tools!

Middle Ear Infection in Children

Middle ear infection, also called otitis media, can be painful for children. This infection is caused when the fluid draining from your child's ear gets blocked. This may happen when your child has a cold, allergy, or the flu. The fluid build-up lets bacteria grow and puts pressure on your child's eardrum.



Signs of a Middle Ear Infection

- Waking up at night crying
- Rubbing or pulling of the ear
- Trouble hearing
- Not wanting to breastfeed, suck a bottle or eat because it hurts
- Fever over 101 degrees F under the arm
- Vomiting
- Diarrhea

Older children may complain of:

- Pain in the ear or jaw
- Ringing in the ear
- Feeling of motion or fullness in the ear
- Trouble hearing
- Dizziness

Your Child's Care

Ear infections sometimes go away on their own, but it is best to see your child's doctor if signs last more than two days.

- Your doctor will look at your child's ears and ask about his or her signs.
- Antibiotic medicine may be ordered. Be sure to give **all** of the medicine, even if your child feels well.
- Your doctor may also suggest over the counter pain medicine, such as acetaminophen or ibuprofen to help with fever and pain.

Here are some ways to prevent an ear infection

- Hold your baby upright when feeding. Never prop up the bottle.
- Keep your children away from people who are smoking.
- Teach your children to wash their hands often and not to touch their eyes or runny nose.

Talk to your child's doctor or nurse if you have any questions or concerns.

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