

# NEWS YOU CAN USE

September 26, 2022

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## Is Your Child Well?

Each morning, you should ask yourself, “Is my child well enough to attend school today?”

Please refer to the second page of this newsletter for the questions that need to be answered **EVERY DAY.**

If your student answers “**YES**” to any of these, please keep them home for the day. If your student has a cough **OR 2 OR more of these symptoms**, they will need to have a **NEGATIVE COVID** test in order to return to school. This test **CANNOT** be a rapid home test. It must be done by an outside facility.

If your student answers “No” to ALL OF THE QUESTIONS, we look forward to having them in class!!

## What Are Some of the Symptoms of COVID-19 in Children?

The most common symptoms of **COVID-19** are the same as the **flu**, which include:

- Fatigue
- Body ache
- Fever
- Headache
- Loss of taste and smell (rare)
- Cough (dry or productive)
- Difficulty in breathing
- Congestion or runny nose
- Poor appetite
- Loose stools
- Sore throat



**Please monitor for onset of symptoms related to COVID-19. If you note any change in the health of your child, please call your regular medical provider.**

## Healthy Reading Chart

Healthy Reading is a home/school connection focusing on the development of School Readiness skills through family literacy, oral health, and physical active play as well as principles of the Success Starts Early campaign, which emphasizes fun, easy and powerful ways for families to help children grow smarter.

Families are encouraged to (1) **Read** to and discuss stories, (2) explore through movement and **Play**, (3) find opportunities to **Count**, group and compare items, (4) maximize **Love** and manage stress, (5) **Talk**, sing and point to objects, and (6) ensure that their child **Brushes** his/her teeth twice daily.

## Kaymbu

We have a new way for you to communicate with your student’s teacher. It is called Kaymbu. Please make sure you have the app on your phone.

If you have any questions about this app, please talk with the Teacher.

<https://www.facebook.com/pg/hs4kc/events>

[www.hs4kc.org](http://www.hs4kc.org)

Head Start for Kent County  
**COVID-19 Health Screener Questionnaire – Child**  
*Health*

Name of child: \_\_\_\_\_

**Is the child or a member of your household waiting for the results of a COVID test?**

Yes                      No

**Does your child have ANY one of the following symptoms listed below?** *(Please check all that apply)*

Temperature 100.4°F or higher **OR** feels feverish or has chills

New cough or change in cough if your child often has a cough

Shortness of breath

Loss of taste or smell

Sore throat

Body Aches

Nausea, or vomiting, or diarrhea

Severe headache

Extreme tiredness

Congestion/runny nose

No, my child does not have any of these symptoms

**Has your child tested positive for COVID-19 within the last 10 days?**

Yes                      No

**Has your child been in close contact (within 6 feet for more than 15 minutes or more) with a member of your household who has been confirmed to have COVID-19 in the last 10 days?**

Yes                      No

*If **YES** is answered to any of the questions above, the child cannot attend school today.*

## Parent Engagement

### Family Engagement Events

Are you looking for a fun way to be involved in your child's education? Head Start for Kent County offers lots of different opportunities for you to pick from. One of the opportunities that we offer is our monthly Family Engagement Events. Each month you will receive an invitation to attend an event at your site.

These events are fun ways that parents and family members can interact with their children at the school while learning about what is happening at their site and in the agency. Usually these events have fun games, activities, and even food!

This fall you can also attend a virtual event each month that is open to everyone at Head Start for Kent County (not just a specific site). Look out for an invitation to our virtual Family Fun Night on September 28!

## Tips for Selecting Diverse & Inclusive Books

**Children internalize messages about themselves and others from a very young age.**

Their brains are wired to categorize things somewhat rigidly, which can often result in misconceptions. ("Only boys can be firefighters!") Diverse and inclusive books encourage both positive self-image and acceptance of differences in others. But how can you know if the books you choose are really sending the right messages? *Here are some helpful guidelines:*

- **First and foremost, it should be a good book.** Is it a good story or, in the case of nonfiction, is it interesting and age-appropriate? Are the illustrations artistic and inviting?
- **Seek out diverse human characters.** Books with animal characters certainly have their place, but make sure you have books in your collection that feature diverse human characters too.
- **Look out for stereotypes.** Does the book contain stereotypes in either the language or illustrations?
- **Is it a "window" or a "mirror"?** Books can serve as windows through which children can learn about others, and also as mirrors in which they see their own lives reflected. Will children learn about others or see themselves in the book?
- **Make sure the information is accurate.** If the book talks explicitly about a country, culture, or group of people, it should be specific and precise in its presentation. For instance, a book about Native American characters should include details about the particular tribe or tribes being represented, as opposed to lumping all Native American people or customs into one category.
- **Check to see if it's relatable.** Books that depict diverse characters doing everyday things help children build empathy by showing that we all share things in common.
- **Think about the author's and illustrator's qualifications.** Do the author and / or illustrator come from the culture or group they are depicting? If not, what qualifies them to create this book sensitively, accurately and without bias?

Find a whole world of diverse and inclusive books at [www.barefootbooks.com](http://www.barefootbooks.com).



Head Start for Kent County  
Presents A Virtual

# FAMILY FUN NIGHT!



\*BINGO cards  
will be sent  
home with all  
children before  
event.

## ZOOM DETAILS

Meeting ID:  
**812 0654 9002**  
Passcode:  
**836228**

**SEP.  
28TH  
5-6PM**

Join us for a *Family Fun Night* as  
we enjoy a fun game together  
and talk more about the  
importance of being engaged  
in your child's early education!



HEAD START FOR KENT COUNTY

# BINGO

Get to know your child's school better!

|   |   |   |   |
|---|---|---|---|
| <p>Parents, Staff, &amp; Community</p>  <p><b>U.R.O.C.</b><br/>Understanding needs is outcomes created</p> | <p>ATTENDANCE<br/>IS<br/>IMPORTANT!</p>   | <p>Parent<br/>Cafes</p>                    |  <p>Strengthening Families<br/>Program</p>         |
|   | <p>Read to the<br/>classroom</p>  | <p>Success Basics</p>  <p>WATCH VIDEO</p> | <p>Family<br/>Engagement<br/>Event Planning</p>  |
| <p>Young Athletes</p>    | <p>Parent<br/>Policy<br/>Council<br/>(PPC)</p>  | <p>Transition Activities</p>             | <p>Field Trips</p>                               |
| <p>Health Advisory<br/>Committee &amp;<br/>Education Task<br/>Force</p>   | <p>CCI workgroup</p>             | <p>Bus Aid</p>                           | <p>Resources</p>                                 |

\*Mark each space as they are called out!