

# NEWS YOU CAN USE

Week of  
January 24th

Kentwood Head Start  
616-735-5345

## Books are Dino-riffic!

January 27, 2022 is a special day in our classrooms.

Children will be encouraged to read if they view it as fun. So, we are planning to add some excitement to reading by combining dinosaurs and reading in our classroom for the day.

It's: **BRING YOUR DINOSAUR TO SCHOOL DAY!**

Your child is invited to bring **1** dinosaur item to school:

Wear a dinosaur shirt or pants or shoes

Bring a book about a dinosaur  

Bring a toy dinosaur  

Draw, color, print a picture of a dinosaur, or dinosaur bones, or fossils

Please label your child's item!

We plan to create a dinosaur display, read **The Worrysaurus**, and talk about what to do when we have worries. Also, look for a special "Dino - page" of things families can do together to help with worries.

## What's Happening?

If Head Start for Kent County will be closed for bad weather look for **"Head Start for Kent County"** on the list of school closings on local **channels 8 and 13**.

**SNOW DAY!**

GRPS Theme School Applications are open until February 4th, 2022 You can apply at the website below

[www.grps.org/apply-to-a-school](http://www.grps.org/apply-to-a-school)

## Join Our Team

Head Start  
Is hiring for both full and part time positions. Check out our website at [www.hs4kc.org](http://www.hs4kc.org)

## Important Dates Mark your calendar!

1/27- Reading for Readiness  
2/1- Smile on wheels



## Arrival & Dismissal

Bus Arrival Time: 7:40am  
Teacher's unload buses at 7:35am

Dismissal: 2:40pm  
Teacher's load buses at 2:35pm

Parent Transport:  
Arrival: 7:35am  
Dismissal: Between 2:20-2:30pm.

## Important

Drop Off and Pick Up  
Reminders



<https://www.facebook.com/pg/hs4kc/events>

[www.hs4kc.org](http://www.hs4kc.org)

## Winter 2021 "Reading Corner"

Take some time out of each day to read with your child. It can easily be made part of your child's bedtime routine. Books are easily accessible at your local library for free!

Here are some recommended books:

**Kindness-** "Kind" by Alison Green: Illustrations bring to life different aspects of kindness: giving a hug, listening, patience, being kind to animals, making room for a new friend, etc.

**Curiosity-** "Curious About Birds" by Cathryn Sill: This book could spark various nature-based learning activities. Take a walk outside with your child to listen to bird songs. Collect feathers and discuss how they look and whether they feel similar or different from one another.

**Diversity-** "My Hair is Beautiful" by Shauntay Grant: A poetic celebration of Black hair. Celebrate the similarities and differences among family members and classmates.

*National Association for the Education of Young Children*

## Parent Engagement

### GRPS Theme School Applications are OPEN!

Worried that you missed the previous deadline to apply for GRPS Theme Schools? Well, GRPS is accepting a second round of applications now through February 4, 2022.

If your child will be transitioning to GRPS for Kindergarten **NOW** is the time to get them enrolled, especially if you would like to enroll them in one of the many Theme Schools GRPS offers!

Theme School Application Window Round 2 is from January 3 - February 4, 2022 - So fill out your application ASAP in order to be considered for your Theme School of choice! Go to [www.grps.org/apply-to-a-school](http://www.grps.org/apply-to-a-school) for more information and to register.

# Have you seen a dentist lately?

You'll often hear us tell you how important it is for your child to have regular dentist visits, but what about you? It's important for you to have regular dental visits, too.

## Why do regular dental visits matter?

Regular dental visits can help spot dental health problems early when treatment is likely to be simpler. They also help prevent many problems from starting in the first place.

## What are some signs I should see a dentist?

- Your teeth are painful
- Your gums are puffy and/or they bleed when you brush or floss
- You have persistent bad breath or bad taste in your mouth
- You are pregnant
- You have a medical condition such as diabetes, heart disease, eating disorders or are HIV positive
- You smoke or use other tobacco products
- You have a spot or sore that doesn't look or feel right in your mouth and it isn't going away

## I'm not having any symptoms. Do I still need to see a dentist?

Yes. Even if you don't have any symptoms, you can still have dental health problems that only a dentist can diagnose. Keeping your mouth healthy is an important part of your overall health.

# How do I find a dentist?

For adults without dental insurance, Kent County has some great low cost or free dental options:

Cherry Health - several clinics in Kent County  
Call 616-965-8308 to schedule an appt at a clinic near you.

Exalta Health - Clinica Centro  
2060 Division Ave S  
Grand Rapids, MI 49507 616-475-8446

Exalta Health - South Clinic at Streams of Hope  
280 60<sup>th</sup> St. SE  
Grand Rapids, MI 49548  
616-475-8446

Mel Trotter Ministries  
225 Commerce Ave SW  
Grand Rapids, MI 49503  
616-588-8715

Catherine's Dental Center  
781 36<sup>th</sup> St SE  
Grand Rapids, MI 49548  
616-828-0052

My Community Dental Centers  
Kentwood: 4700 Kalamazoo Ave SE (616) 281-7464  
Walker - 890 3 Mile Rd NW (616) 438-6464  
Cedar Springs - 14111 White Creek Ave NE (616) 696-0879



If you need any assistance in finding a dentist or making a dentist appointment, please call

Susan at 616-453-4145 extension 2275.

