

Michigan Department of Education  
Child and Adult Care Food Program

*Where Healthy Eating Becomes a Habit*  
**Program Information Sheet**

This care center is a participant in the Child and Adult Care Food Program (CACFP), a United States Department of Agriculture (USDA) program. The CACFP provides cash reimbursement to child and adult day care centers for nutritious meals and helps children and adults develop and maintain healthy eating habits. The CACFP is administered by the Michigan Department of Education (MDE).

Through the Child and Adult Care Food Program you can be assured each participant is getting balanced, nutritious meals and developing/maintaining healthy lifelong eating habits. Proper nutrition during throughout life ensures fewer educational and physical problems later in life.

As a participant in the CACFP, your care center receives reimbursement for serving nutritious meals and snacks. Meals and snacks must meet the USDA meal pattern requirements listed below (Child Meal Pattern).

| <b>Breakfast</b>  | <b>Lunch and Supper</b>   | <b>Snack<br/>(serve 2 from the 4 food groups below)</b>           |
|---|---|---|
| Milk<br><br>Fruit, Vegetable, or a combination of both<br><br>Grain | Milk<br><br>Meat or Meat Alternate<br>Vegetable<br>Fruit<br>Grain | Milk<br><br>Meat or Meat Alternate<br>Vegetable<br>Fruit<br>Grain |

*Children less than one year old:* Foods in the infant meal pattern vary according to the infant's age. If your child is less than one year old, please request the infant meal pattern requirements from our center.

*Adults Day Services Only:* Foods in the Adult meal pattern vary. If you (or if you are a guardian of an enrolled adult) are enrolled, please request the adult meal pattern requirements from our center.

MDE is required to verify the enrollment, attendance and meals/snacks typically consumed by children while they are in care. MDE staff may contact you regarding your child's participation in our day care center.

If you have any questions about the Child and Adult Care Food Program, please contact:

Michigan Family Resources  
Head Start for Kent County  
2626 Walker Ave NW  
Walker, MI 49544  
(616) 453-4145

or  
Child and Adult Care Food Program  
Michigan Department of Education  
P.O. Box 30008  
Lansing, Michigan 48909  
517-373-7391